

INSTITUTE OF LEADERSHIP · LEVEL 5 CERTIFICATE

Pathway to *Coaching*

A professional development programme for confident, ethical coaching practice

DURATION

3 months

FORMAT

Blended learning

NEXT INTAKE

Autumn 2026

INVESTMENT

£2,495 + VAT

PROGRAMME OVERVIEW

Practical, confident *coaching capability*

The Pathway to Coaching Programme is an Institute of Leadership accredited development programme designed to build practical, confident, and ethical coaching capability — delivered through a blended learning approach that combines live online learning, in-person workshops, peer practice, and reflective development.

ACCREDITATION	DURATION	FORMAT	APPROACH
Level 5 Institute of Leadership Certificate	3-month blended learning programme	Live online & in-person workshops	Group, peer coaching & reflective practice

INCLUDED IN THE PROGRAMME

IoL Accredited Certificate

CPD Hours

12-Month IoL Membership

Learning Resources & Materials

WHO THIS PROGRAMME IS FOR

Is this *right for you?*

- Leaders and managers
- HR, L&D and OD professionals
- Aspiring coaches
- Professionals supporting people development
- Career changers and independent professionals
- Organisations building internal coaching capability

PROGRAMME OBJECTIVES

What you'll *achieve*

- Develop core coaching knowledge, skills, and techniques
- Build confidence in facilitating effective coaching conversations
- Strengthen understanding of ethical and professional coaching practice
- Support personal and professional growth through reflective learning

"Participants develop the skills, confidence, and professional understanding needed to apply coaching effectively within leadership, organisational, and professional contexts."

LEARNING OUTCOMES

- Apply a range of coaching models and approaches appropriately
- Demonstrate effective coaching skills including active listening, questioning, and feedback
- Facilitate structured coaching conversations with confidence
- Apply ethical principles and professional standards in coaching practice
- Use reflective practice to support continuous development

Eight modules, *one clear journey*

Each module builds sequentially on the last, moving from foundational understanding through to assessed practice and reflective integration.

MODULE 01 Foundations of Professional Coaching	MODULE 02 The Coaching Relationship and Process	MODULE 03 Core Coaching Skills
MODULE 04 Coaching Models and Techniques	MODULE 05 Ethics, Supervision and Professionalism	MODULE 06 Coaching in Organisational Contexts
MODULE 07 Coaching Practice and Assessment Preparation	MODULE 08 Reflective Integration and Programme Close	MODULE 09 Starting a Coaching Business (Optional add-on)

KEY DEVELOPMENT AREAS

What you'll *develop*

Coaching fundamentals

Communication & listening skills

Goal setting & action planning

Powerful questioning techniques

Ethical coaching practice

Coaching models & frameworks

Measuring progress & impact

THE LEARNING EXPERIENCE

How the *programme works*

- Interactive workshops facilitated by experienced practitioners
- Peer coaching and live practice opportunities
- Guided reflection and self-development activities
- Structured assignments and assessment preparation
- Personalised feedback and ongoing support
- Access to supporting resources and materials

Transparent *pricing*

PROGRAMME FEE PER PARTICIPANT

£2,495

+ VAT · Payment plans may be
available on request

UPCOMING COHORTS

Autumn 2026

Spring 2027

*Further cohort details and schedules
provided upon enquiry.*

THE FEE INCLUDES

- ✓ All live learning sessions
- ✓ Programme materials and resources
- ✓ Institute of Leadership membership
- ✓ Accreditation and certification
- ✓ Ongoing participant support throughout the programme

ORGANISATIONAL DELIVERY

The programme can also be delivered within organisations to support the development of internal coaching capability. Delivery is tailored to organisational context, cohort size, and development objectives. Please contact us to discuss options and pricing.

Grounded in *real-world practice*

"At Amaze Associates, we believe effective coaching development should be practical, reflective, and grounded in real-world application."

Our programmes are designed to create confident, ethical practitioners who can apply coaching skills meaningfully within professional and organisational environments.

We combine structured learning with supportive facilitation, ensuring participants develop not only knowledge and technique, but also the confidence and self-awareness needed for effective coaching practice.

Places are intentionally limited to support meaningful participation, reflection, and coaching practice.

Institute of *Leadership Approved*

Successful completion of the programme leads to a Level 5 Certificate approved by the Institute of Leadership.

Participants also receive:

- Continuing Professional Development (CPD) hours
- A 12-month membership with the Institute of Leadership

This provides access to additional professional resources and supports ongoing development as a coach.



READY TO EXPLORE THE PROGRAMME?

Book a Programme Conversation

Whether you are looking to develop your own coaching capability or strengthen coaching practice within your organisation, we would be pleased to speak with you.

BOOK A CONVERSATION →

In our conversation we will discuss your goals and interests, programme suitability, upcoming cohorts, and any questions you may have.



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